

SUPPLY LIST

(v5)

There are conversions from metric to imperial at the end of the list. The only things that are UK specific are the seawhite panels, but equivalents are available worldwide. There is a list on my [website of suppliers of paper](#) in USA, CA, AUS, and NZ

SKETCHBOOKS

I like to work in sketchbooks when I am learning techniques. You can start one for **Section 1** or wait until **Section 2**.

I use an **A4 SKETCHBOOK** to work in for this section but you could work on any size or shape you wish. What is important is it is at least 170gm I use 250gm/150lb weight. If you wish to work on loose paper, you will need around 25 sheets of A4 or equivalent and 250gm/150lb is a good weight

I also use a a small 15cm square sketchbook to collage in all those small bits as I go, which could be an A5.

- The A4 I used is by [Artway Enviro](#) ([Canson Mixed Media](#) US is a similar weight)
- The 15cm Square sketchbook Daler Rowney *Ebony* but Artway make an A5

ADDITIONAL PAPER

The expectation is you already have piles of paper to use as collage! On Monotype Materials & Methods we used a range of papers from medium weight to thin deli paper to print on. On **section 1** I also use a very thin Abaca tissue which is 9gm. You only need a=one large or a few smaller sheets.

Head to my website [HERE](#) for a list of suppliers. There is a detailed description of the papers I use on a blog post which is [HERE](#)

- Silicone sheets used in baking and t-shirt transfer (called release paper)
- **Section 3** I used some thicker printed papers as 'starter papers' to build on. They range from 140gm drawing paper to 350gm Khadi. I also use cardboard and found card to create a few textures

ADHESIVES.

LIQUID ADHESIVES I use **GOLDEN** but other brands are fine. You will need at least 200ml of each

- [GOLDEN Matte Medium](#)
- [GOLDEN Gloss Medium](#)

plus

- Methyl Cellulose is a powder you mix to make a paste. I use it to mix with the Matte Medium. Brands; *Escola* , *Lineco*, *Crescent*, *Methocil*, *TALAS*. It is used in bookbinding and also used in the food industryit is all the same!

GEL ADHESIVE;

- [PVA](#) (a waterproof one is preferable to water washable)
- [GOLDEN SOFT GEL](#) (if you are doing **Section2** buy [MATTE](#)) Regular and Heavy Gels are fine too, you can loosen them with medium if they are too stiff.

Dry Mount Adhesive Film or Tissue ; this is optional but I wanted to show you how it can be used with collagefor those not liking sticky fingers it may be a game changer! There are two types. The pressure sensitive means you just peel off and push down and easier to find in small quantities than heat sensitive.

- Pressure Sensitive; brand names *Grafix Double Tack*, *Gudy 802*, *Drytac*
- Heat Sensitive; brand names; *Fusion 4000*, *Trimount Classic*, *Drytac Flobond*, *BufferMount*, *Beva 371 Film*,

Alternatives to Heat sensitive films

- [Brother ScanNCut Iron On Applique Contact Sheet](#)
- Iron On Patch Adhesive (Amazon)
- Bondaweb
- Heat'n'Bond Lite

ADDITIONAL MEDIA

Section 1 In addition to the collage papers you have I do make some more using inks and paints. I use Acrylic Inks ie GOLDEN High Flow and shellac based inks.

- Waterproof inks ie [Sennelier Indian](#) or [Rohrers antique](#)
- Acrylic Inks ie GOLDEN HIGH FLOW
- Acrylic paints
- Posca Pens
- Black heavy body paint or Black Gesso
- White heavy body paint or White Gesso

Section 3 As well as the above

- I demo using Woody 3-in1 crayons, Neocolour 1 etc. This is media to add to our collages. Anything loose will need sealing with varnish or Spectra Fix
- I make some textured papers using [Light Molding Paste, Fiber Paste](#) , PVA and White Acrylic paint. I add some texture the latter with [DERIVAN MATISSE DRY MEDIUMS](#)

The fiber paste and molding paste will give absorbant textures, the grits mixed with gel or paint give a non absorbent texture. Anything gritty will do, even poppy seeds or glitter. I used the Derivan crushed garnet, their mica and beads are lovely too.

Section 4

Varnish or Cold Wax Medium to finish. Varnish, I use Atelier Satin but any varnish or sheen is fine. or Cold Wax Medium to finish. I use Dorlands wax but Gamblin is good too.

PANELS & CANVAS

In **Sections 3&4** we are working on panels and canvas. I used a total of 32! Here is the list of the ones I used but you can do as many as you want and vary sizes etc to suit what you have. They are interchangeable, you could use all panels or all canvases and any size!

In **Section 3** we work on small thin panels but you could use stiff card. I also use couple of larger cradled 30cm panels. Working larger that 10"/24cm requires a pane to be cradled or it will warp

In **Section 4** we use cradled panels and canvas making art for display, these are interchangeable the aim being to create work ready for the wall!

Thin PLY/MDF

- Often sold as 'Coasters' or 'Plywood Shapes'. They are 3mm deep laser cut from PLY or MDF. I used circular and square ones 9cm sq/ 9cm diameter. Plus some small rectangular ones. I buy them from Amazon or Ebay.

- **SECTION 3:** 4 round and 8 square
- [Painting panel from Jacksons](#); These are ply faced MDF 5mm deep and come in a pack of 5
 - **SECTION 3:** 2 x 25cm sq. 1 x 15cm square and 2 x 10cm sq.

Cradled Panels There is a wide range available!

- Jacksons sell wood and pre gessoed ones [HERE](#) I use the 20mm deep ones.
 - **SECTION 3:** I used 6 x 10cm square and 7x 15cm square.
- [Seawhite panels](#) are cheap but limited sizes.
 - **SECTION 3:** two 30cm to build collages
 - **SECTION 4:** one 30cm to frame a 25cm Jacksons Panel, and one 15cm sq to frame a 'coaster'.
- Pebeo cradled panel.
 - **SECTION 4:** one 20cm as a frame a 15cm square ply panel

It is good practice to seal your woodpanels and coasters can be done with gloss or matte medium or GAC100

Canvases ; you could use panels if you prefer.

- I used one 20 x 40cm (20mm deep) from Daler Rowney and one 25cm square x 38mm deep from Great Art

TOOLS

- Brushes. I prefer a flat synthetic brush.
- Spreader or credit card for smoothing out.
- Scissors. Titanium ones are non-stick!
- Knife; [This is my favourite](#)
- Cutting Mat
- Ruler
- Pencil
- A small iron; Travel Iron, Encaustic iron or Tacking Iron are good options

METRIC/IMPERIAL

A4 is similar to Letter size This [guide](#) may help.

3mm = 1/8"

5mm = 13/64"

20mm = 25/32"

22mm = 55/64"

10cm = 4" 15 cm = 6"

25cm =10" 30cm =12" 247ml = 8fl oz